

# TRADITIONAL FOODS AT THE GROCERY STORE

## MEAT & POULTRY

- TURKEY
- LAMB
- BISON

## SEAFOOD

- CATFISH
- SALMON

## DELI

## BAKERY

## BULK ITEMS

## PRODUCE

## DAIRY

- EGGS
- QUAIL EGGS

## FROZEN FOODS

- BERRIES
  - BLUEBERRIES
  - RASPBERRIES
  - STRAWBERRIES
  - CRANBERRIES
- CORN
- PEAS
- FISH
- MEAT
- POULTRY

## SNACKS & BEVERAGES

- SUNFLOWER SEEDS
- PINE NUTS
- POPCORN
- BEEF JERKY

## GRAINS & LEGUMES

- WILD RICE
- BLACK BEANS
- PINTO BEANS
- NAVY BEANS
- KIDNEY BEANS
- CRANBERRY BEANS

## CANNED FOODS

- PUMPKIN
- CORN

## TEA

- NETTLES
- DANDELION

## SPICES & BAKING

- JUNIPER BERRIES
- SAGE
- MINT
- ARTISAN SALT
- CORNMEAL

- DRIED FRUIT
- WALNUTS
- PECANS

- CORN
- TOMATOES
- PEAS
- POTATOES
- PEPPERS

- SQUASH
  - PUMPKIN
  - SUMMER SQUASH
  - ACORN SQUASH
  - BUTTERNUT SQUASH
- BERRIES
  - BLUEBERRIES
  - RASPBERRIES
  - STRAWBERRIES
  - CRANBERRIES
- GARLIC
- GREEN ONIONS

EXIT

CHECKOUT

ENTRANCE